

# Global Strategy for elimination of cervical cancer

Cherian Varghese, Non Communicable Diseases.

Adriana Velazquez Berumen, Medical devices and in vitro diagnostics.













Global strategy to accelerate the elimination of cervical cancer as a public health problem



End Poverty in All its Forms Everywhere





Ensure healthy lives and promote well-being for all at all ages



Achieve gender equality and empower all women and girls





Reduce inequality within and among countries













#### ASR Mortality cervical cancer- 2018

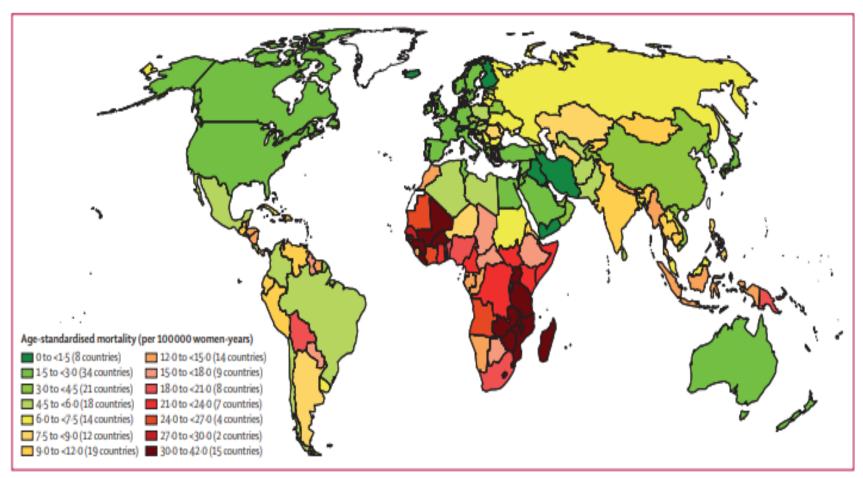


Figure 2: Geographical distribution of world age-standardised mortality rate of cervical cancer by country, estimated for 2018





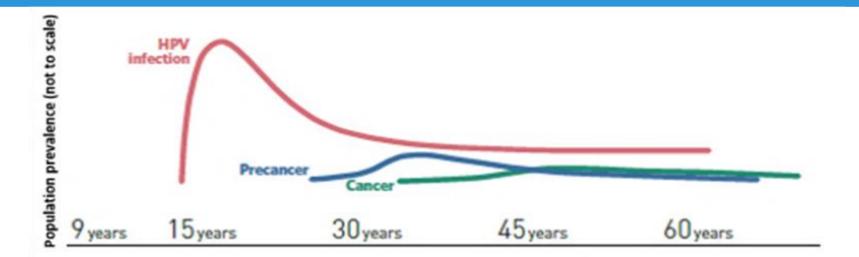








#### Life-Course Approach to Cervical Cancer Control



#### PRIMARY PREVENTION

#### Girls 9-14 years

HPV vaccination

#### Girls and boys, as appropriate

- Health information and warnings about tobacco use
- Sexuality education tailored to age & culture
- Condom promotion/ provision for those engaged in sexual activity
- Male circumcision

#### SECONDARY PREVENTION

#### Women >30 years of age

- Screening with a highperformance test equivalent or better than HPV test
- Followed by immediate treatment or as quickly as possible, of pre-cancer lesions

#### TERTIARY PREVENTION

#### All women as needed

Treatment of invasive cancer at any age

- Surgery
- Radiotherapy
- Chemotherapy
- Palliative care







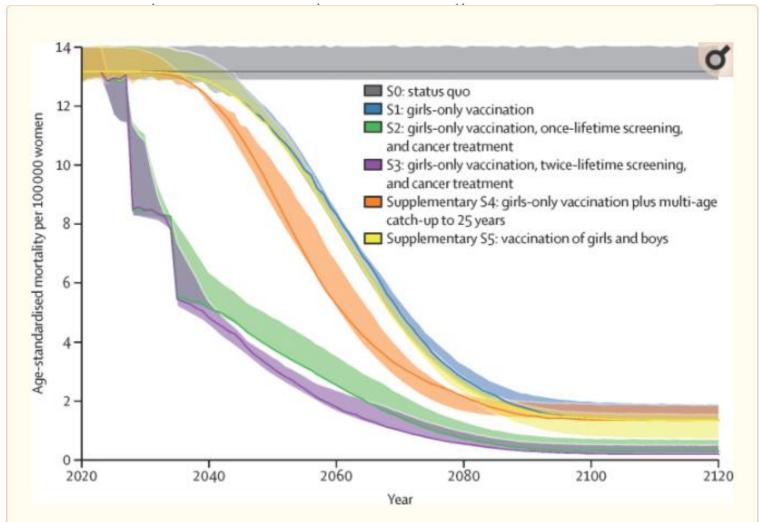






Mortality impact of achieving WHO cervical cancer elimination targets: a comparative modelling analysis in 78 low-income and lower-middle-income countries

Karen Canfell, DPhil, a,b,c,†\* Jane J Kim, Prof, PhD,d,† Marc Brisson, Prof, PhD,e,f,g,† Adam Keane, PhD,a,b













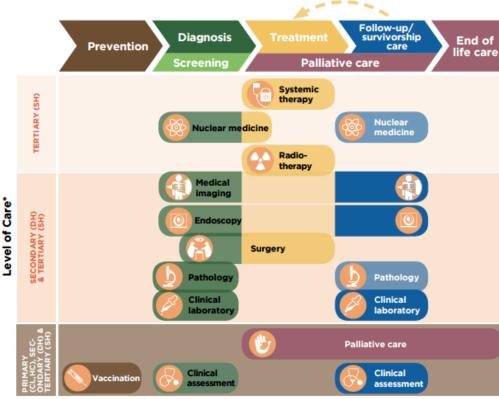


# WHO selection of priority medical devices for cancer management. (2017)

WHO list of priority medical devices for cancer management

WHO Medical device technical series



















#### The Architecture to Eliminate Cervical Cancer

THRESHOLD: All countries to reach < 4 cases 100,000 women

#### **2030 CONTROL TARGETS**

90%

of girls fully vaccinated with HPV vaccine by 15 years of age 70%

of women screened with a high precision test by 35 and 45 years of age 90%

of women identified with cervical disease receive treatment and care

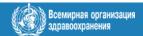
**SDG 2030**: Target 3.4 – 30% reduction in mortality from NCDs













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### To Increase Access to S&T We Need to Move Toward High Performance Test

#### **Complex or Low-Sensitivity**

#### **Cytology:**

Successful in high-resource countries, but implementing quality cytology screening is challenging in middle and low resource countries

#### VIA:

Naked eye visual inspection with 3-5% acetic acid



#### **High Performance Alternatives**

- HPV Testing
  - No triage
  - Followed by treatment with cryotherapy or thermal ablation
- HPV Testing
  - Plus triage with HPV 16/18,
     VIA or other tests
  - Followed by treatment with cryotherapy or thermal ablation







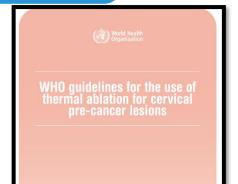






Strategic actions to achieve 70% coverage for screening and 90% treatment of precancerous lesions

- The population of women aged 35-45 years is 101.2 million
  - Understand barriers to accessing services and create an enabling environment
- It is the screening programme that makes the difference and not the screening test
- COVERAGE, QUALITY and OUTCOMES
- Phased implementation
- Learning by doing
- Use the opportunity of screening to services for other cancers and conditions such as hypertension a diabetes.



70%
of women screened with a high precision test by 35

and 45 years of age











WHO guidelines

prevention

WHO guidelines for screening

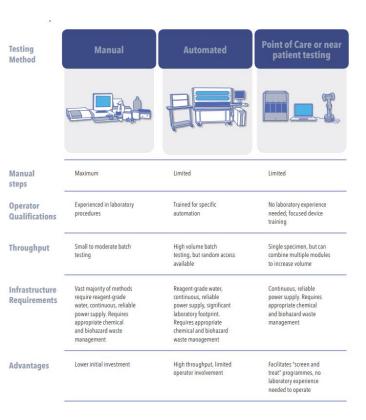
and treatment of precancerous lesions for cervical cancer

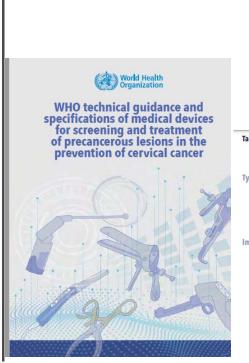


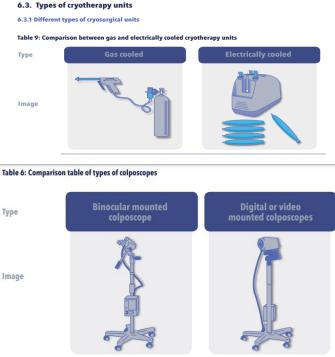


# WHO guidelines WHO guidelines for screening and treatment of precancerous lesions for cervical cancer prevention Approximate Test Test

# Technical guidance and specifications of medical devices for screening and treatment of precancerous lesions in the prevention of cervical cancer (2020)







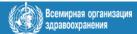
https://www.who.int/publications/i/item/9789240002630













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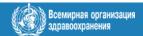
**SDG 2030**: Target 3.4 – 30% reduction in mortality from NCDs













# 90% 5 year survival rate in Stage 1 compared to less than 10% in Stage 4. Early diagnosis is critical.

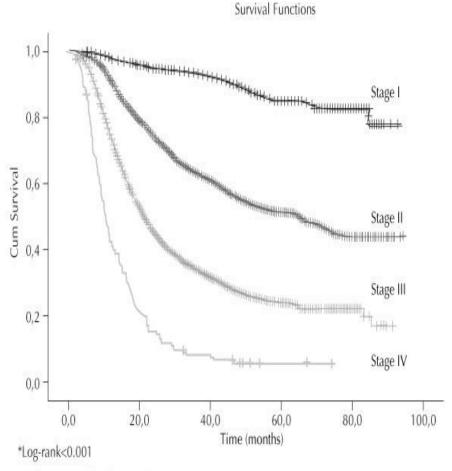
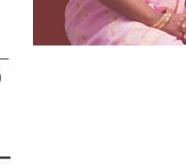


Figure 2. Kaplan-Meier survival curves for women with invasive cervical cancer according to tumor :







Southeastern Brazil, 1999-2004.

\*Log-rank estimated by the Mantel-Cox test.



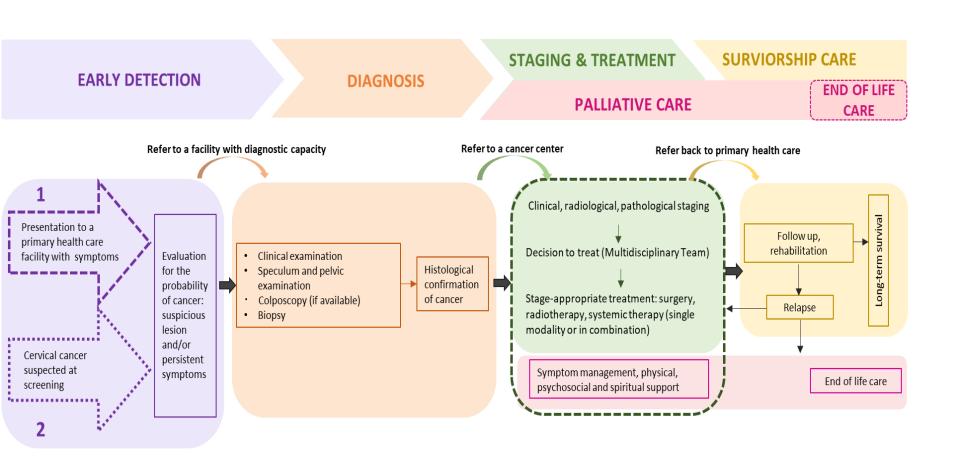








#### Timely treatment saves lives-avoid delay!









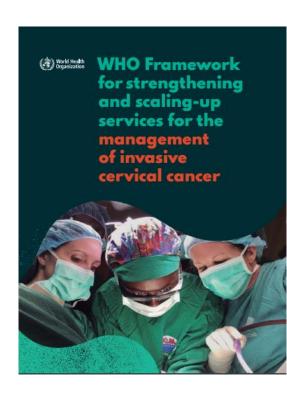






# Strategic actions to achieve 90% treatment and care for cervical cancer cases (2020)

- Implement cervical cancer management guidelines
- Establish referral pathways and people centred linkages throughout the continuum of care
- Strengthen pathology services
- Expand surgical capacity
- Improve access to radiotherapy and chemotherapy
- Strengthen and integrate palliative care services
- Optimize health workforce competencies
- Reduce cancer stigmatization
- Comprehensive care for surviviros









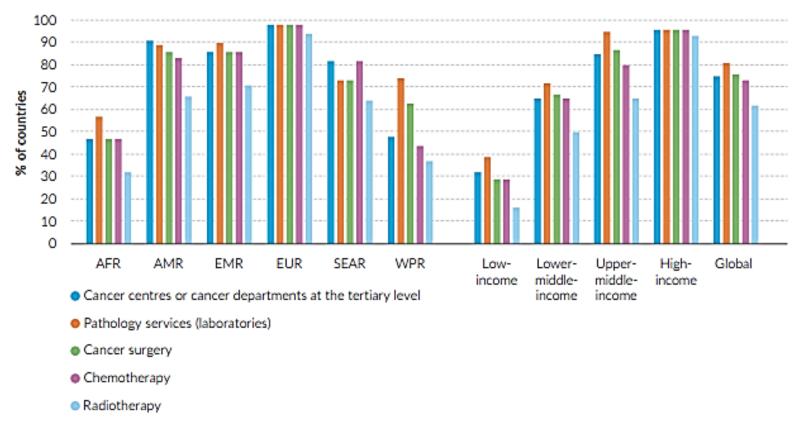






In the low-income group cancer diagnosis and treatment services were markedly less available, with **16%** of countries reporting radiotherapy services as being generally available, and 39% pathology services.

Percentage of countries with cancer diagnosis and treatment services reported as being "generally available" in the public sector, by WHO region and World Bank income group



AFR: WHO African Region; AMR: WHO Region of the Americas; EMR: WHO Eastern Mediterranean Region; EUR: WHO European Region; SEAR: WHO South-East Asia Region; WPR: WHO Western Pacific Region.





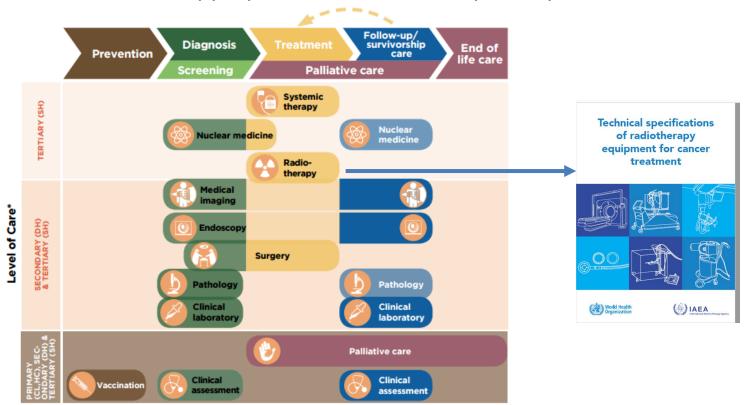


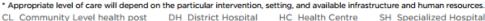






#### Radiotherapy is part of the cancer care pathway















SH Specialized Hospital



## WHO IAEA Radiotherapy Technical Specifications (2021)

Chapter 1. Introduction

Chapter 2. Overview of radiotherapy equipment

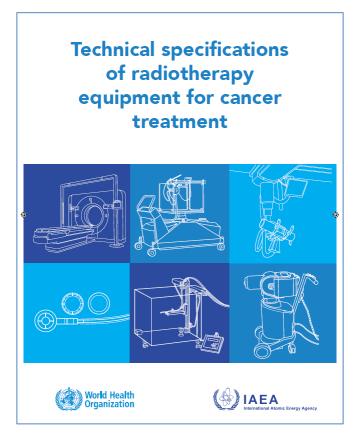
Chapter 3. Technical specifications for external beam radiotherapy equipment

Chapter 4. Technical specifications for brachytherapy equipment

Chapter 5. Introduction to establishing radiotherapy services

Chapter 6. Emerging technology and techniques

Annexes 1 to 11. WHO templates for technical specifications















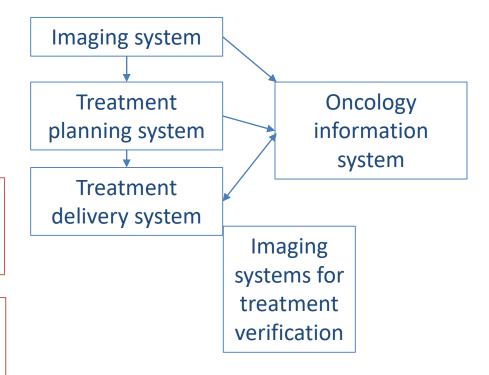
### Chapter 1. Introduction

Patient immobiliza tion equipment

Patient treatment accessories

Dosimetry and QC equipment

Radiation safety equipment

















# Chapter 2. Overview of equipment

Definition of packages of radiotherapy equipment based on health system capacity

Package 1		Package 2	Package 3		
Component	Brachytherapy				
Treatment unit	HDR remote afterloading unit	HDR remote afterloading unit	HDR remote afterloading unit		
Source	Cobalt-60	Cobalt-60 or	Cobalt-60 or		
		iridium-192	iridium-192		
Applicators  Cervical (ring applicator set; ovoid applicator set; vaginal cylinders set); endometrial applicator set; transfer tubes		Cervical (ring applicator set including interstitial needles; ovoid applicator set; vaginal cylinders set)*; endometrial applicator set; transfer tubes	Additional CT-MR- compatible cervical intracavitary (ring applicator set; ovoid applicator set; vaginal cylinder set); intracavitary-interstitial (Vienna, Utrecht type); endometrial applicator set; prostate (reusable needles set); transfer tubes		
Treatment planning	2D TPS	2D or 3D TPS	3D TPS		
Imaging	Conventional simulator or C-arm fluoroscopic X-ray unit; ultrasound with convex probe	Conventional simulator or C-arm fluoroscopic X-ray unit or CT simulator; ultrasound with convex probe and en- dorectal probe	CT simulator; access to MRI; ultrasound with convex probe and endorectal probe		













#### Annexes – WHO templates

Annexes provide the technical specifications in the format of the WHO standard template for medical device specification

Annex 2. WHO template for cobalt-60 teletherapy unit technical specifications

Medical device specifications						
37	Training of user/s (if relevant)	Applications training in configuration, clinical operation, safety features and service mode.				
38	User care (if relevant)	The equipment shall only be used in accordance with departmental policies, procedures and work instructions, and consistent with manufacturer's use instructions, to ensure safety and protection.				
Wa	rranty and maint	tenance				
39	Warranty	At least 12 months				
40	Maintenance tasks	Approximately 4 service days per year. Tasks as per manufacturer's preventative maintenance schedule.				
41	Type of service contract	Full-service contract, including parts, service and repair or in-house maintenance engineering service.				
42	Spare parts availability post- warranty	10 years minimum				
43	Software/hardware upgrade availability	To be specified by manufacturer.				
Do	cumentation					
44	Documentation requirements	Comprehensive user manual, including emergency procedures.				
De	ecommissioning					
45	Estimated lifespan	10–15 years with cobalt-60 source exchange every 5 years.				
Saf	ety and standard					
46	Risk classification	US FDA: Device Class 2				
47	Regulatory approval/ certification	Radiation regulatory approval for equipment possession, use and premises.				
48	International standards	IEC, Medical Electrical Equipment, Part 1: General Requirements for Safety, Rep. IEC 60601-1:2005+AMD1:2012.				
		Radiation Protection and Safety of Radiation Sources, International Basic Safety Standards, No. GSR Part 3, IAEA, Vienna, 2014 (23).				
		IEC, Medical electrical equipment – Part 2-11: Particular requirements for the basic safety and essential performance of gamma beam therapy equipment, IEC 60601-2-11:2013.				
		IEC, Radiotherapy equipment – Coordinates, movements and scales, IEC 61217, 2011.				
		ISO, Radiological protection – Sealed radioactive sources – General requirements and classification, ISO-2919:2012.				
		IEC, Guidance on error and warning messages for software used in radiotherapy, IEC TR 63183:2019.				
49	Regional/local standards	Country-specific and regional standards may apply.				
50	Regulations	USA: 21CFR892.5750 Radionuclide radiation therapy system				
		Local radiation safety regulations may apply.				













# Services to be provided at different health care delivery levels, Kerala, India. (following the priority medical devices model)

	Level of health care	Prevention	Diagnosis Screening	Treatment Follow-up/ survivorship care	End of life care
4	Comprehensive Cancer Care Centres	Guidance, Capacity building, Research, Training Courses (Super- specialty, Nurses & Other health care providers)	Guidance, Capacity building, Research, Cancer Registry Advanced Diagnostic Facilities (Radio Diagn & Nuclear med)	Referral care Multidisciplinary care Specialized services Rare cancers Management Capacity building, Research, Cancer notification	Guldance, Skill building, Research, Palliative Care
3	Oncology unit in Medical College	Capacity Building Vaccination (HBV, HPV)	Diagnosis of Common Cancers Cyto-pathology & Histopathology Radio-diagnosis (CT/ MRI) Endoscopy & Colonoscopy	Referral care Radiotherapy Chemotherapy Onco-Surgery Palliative care Clinic Cancer Notification	Skill building Palliative care Clinic
2	District hospitals (Cancer Treatment & Care Centre)	Training of Health Care providers Coordination & Implementation of Media Plan Vaccination (HBV, HPV)	Early diagnosis for common cancers Referral for diagnosis to near by Medical Colleges/ Comprehensive Cancer Care Centres	Continued & Palliative Chemotherapy Directory of all cancer patients (Sites, Stages, Mode of treatment, Survival) Palliative care Clinic Cancer Notification	Palliative care Clinic
1	THQ, CHC and PHC (Basic CPU)	Health Promotion Vaccination (HBV, HPV)	Early Diagnosis for common Cancers Clinical assessment & Referral to higher centres	Early Referral Palliative care Clinic Cancer Notification	Home Based Care & Pain relief















1958

"Equitable access to all priority health technologies is predicated on quality, safety, affordability and equity,"

"This is important across the spectrum from simple devices to these complex radiotherapy systems."



2021













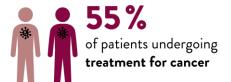


#### Pain and symptom relief are human rights-



Pain is an unpleasant sensory and emotional experience.

#### **CANCER PAIN IS EXPERIENCED BY**





66%
of patients who have advanced metastatic or terminal cancer

Pain relief improves the quality of life of patients with cancer



#Cancer #PalliativeCare









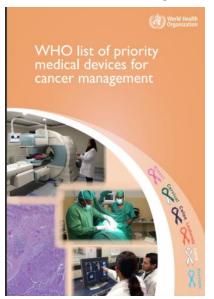




# WHO guidance on medical devices for cancer prevention, diagnostics and treatment

2020

2017



WHO technical guidance and specifications of medical devices for screening and treatment of precancerous lesions in the prevention of cervical cancer

Technical specifications of radiotherapy equipment for cancer treatment

World Health Organization

World Health Organization

#### Health technology regulation

Safety performance and quality

#### Health technology assessment

Clinical
effectiveness
Ethics
Social issues
Organizational

#### Health technology management

2021

Procurement
Selection
Training
Use







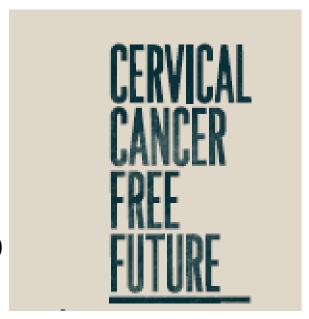






# It is possible.. It is not about technologies, it is about lives!

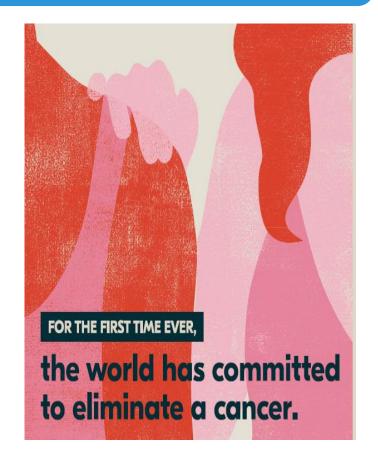
- Elimination is feasible in most LIMICs before 2100
- Status quo is not an option number of cases will increase dramatically due to population growth, demographic changes and changes in behavior
- Near Term Benefits
  - 100,000 cervical cancer cases averted by 2030
  - 250,000 cervical cancer deaths prevented by
     2030
- Now is the time to act. With knowledge and innovative solutions, we can eliminate cervical cancer.





# It is possible... let's work together... Behind every technology there is a live to save!





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