

COCIR Virtual Session
Monday 16 Nov. 2020



DIGITALISATION OF HEALTHCARE:
THE NEW NORMAL

**How Digital Health is helping in a
pandemic environment?**

Dr Nicky Hekster

COCIR Digital Health Committee Vice-Chair and IBM Watson Health



Digital Health

A catch-all concept for the benefit of the patient

Improving health systems by unlocking the power of digital technology and hence data

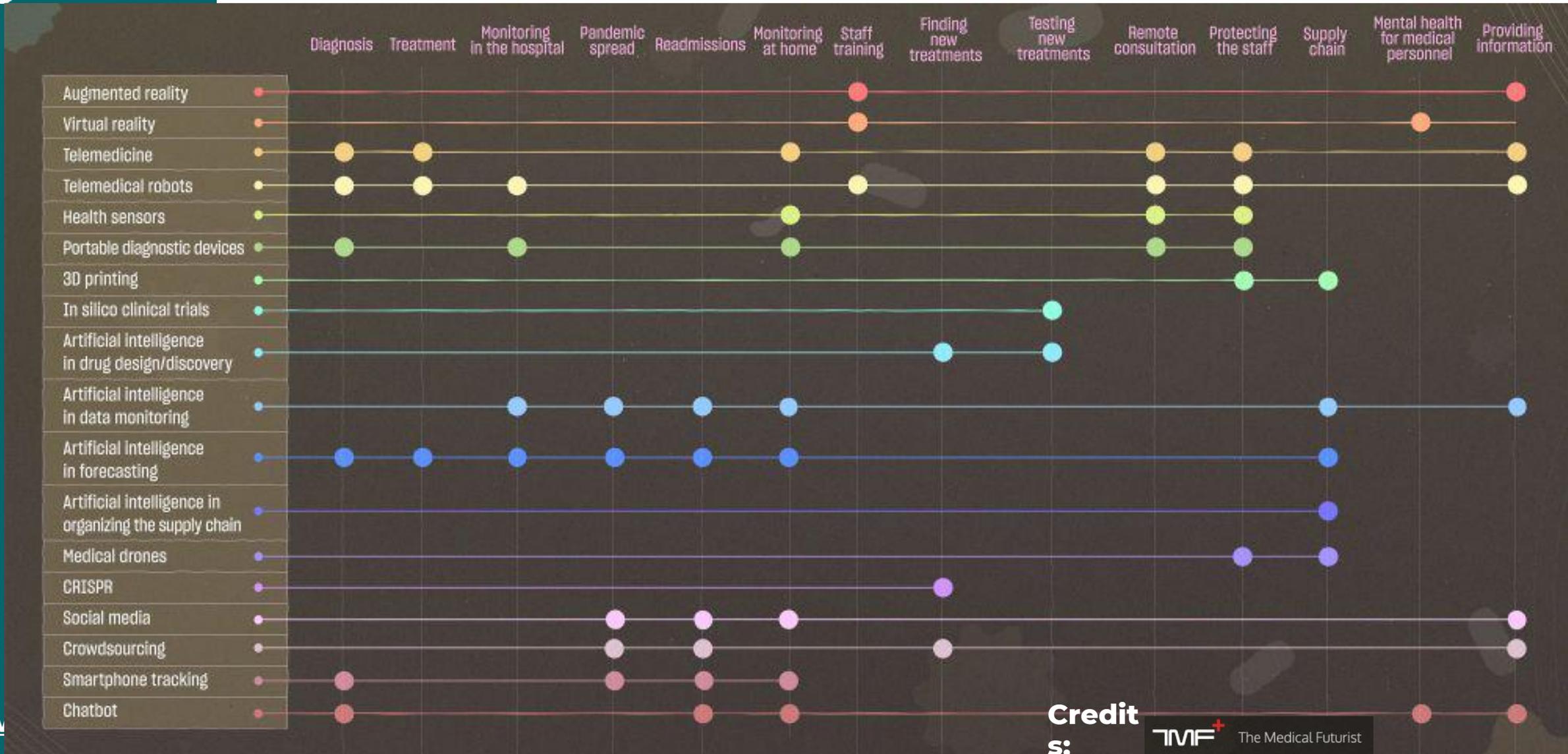


- Electronic health
- Mobile health
- Tele health
- Capturing and exchanging health data

- Bringing health services directly to citizens and to underserved communities
- Helping to map and control outbreaks of diseases
- Integrating digital tools making healthcare more responsive, productive and have better outcomes and be value-based



Digital Health and fighting COVID-19





COVID-19 catalyst and booster for Digital Health

The pandemic has pushed healthcare to engage in data sharing and research partnerships, facilitating new strategies that many hope will endure after the crisis subsides.



Screening, Triage & Virtual Care

- Chatbots
- **Triaging apps**
- **Patient or peer-to-peer video consults**
- **Telemedicine**
- Mental care: wellness, stress, anxiety, workplace

Knowledge, diagnostics, delivery, detection

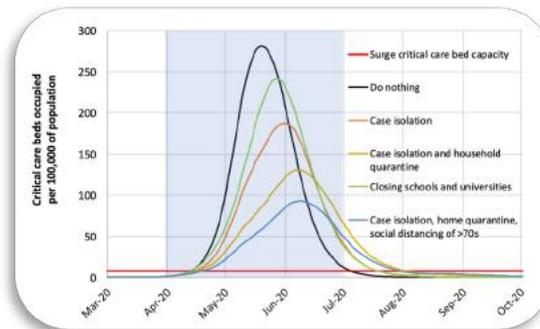
- Electronic health records and standards supporting the exchange of data at regional, national and international levels
- Public health portals that provide transparent access to an individual's personal health records
- Clinical decision-making support tools – AI
- Robotics

Remote Monitoring

- Smart wearables and associated apps
- Smart homes, domotics
- Internet of Medical Things



And even more examples



Tracking & Tracing

- **Mobile health apps** for quarantine monitoring, alerting, self-diagnosing, prevention; tracking and contact tracing

Research

- HPC: in-silico simulations for drug and vaccine discovery and design
- Cohort selections tools, clinical trial management
- Artificial Intelligence

Population Health

- Epidemiological surveillance and management
- AI and predictive analytics





COVID-19 ushers in a new era of digital healthcare

UNITED KINGDOM

COVID-19 assessment in primary care: Decision support for predicting severe disease

By Digital Health and Care Institute - 7 August 2020

Scotland is again making p
Intercollegiate Guidelines
decision support tool for p
primary care. It provides ac
other risk factors, and clini

NORWAY

COVID-19: How to get started with video consulting

By ehelse.no - 27 May 2020



The Directorate for eHealth in Norway recommends health

Apple and Google release phone technology to notify users of coronavirus exposure

By Kari Paul - 20 May 2020



The two tech giants have released long-awaited smartphone

FRANCE

Telemedicine could reduce daily trips in the Ile-de-France region by 300,000 to half a million

By Paris Match - 14 May 2020



According to research by the Institut Paris Région, the growth in use of telemedicine during the French lockdown could eventually reduce visits to receive health-related care in the Ile-de-France region by anywhere from 300 thousand to 500 thousand a day. [Read More \(in French\) >](#)





Successful use cases of some of COCIR's members



Apr 15, 2020
Philips
exchange
Nether

Hi, I'm Watson Assistant.
I'm trained to answer your questions about COVID-19. How can I help?

Get started quickly:

- Get CDC information
- Get local news update
- Local screening

Ask me anything ...

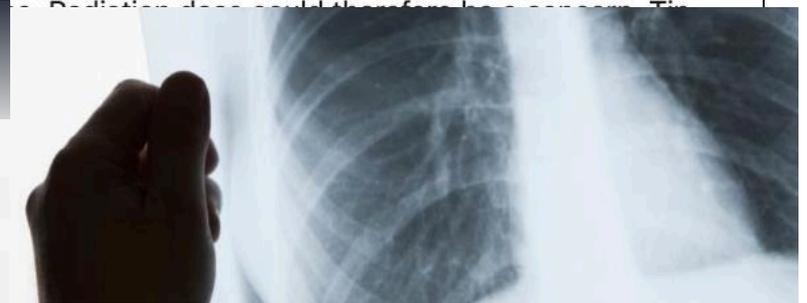
COVID-19 thorax scans²⁾

+
w/ Tin Filter
w/o Tin Filter

Tin Filter for low-dose CT scans



In a recent study, a number COVID-19 pneumonia patients had between 3 and 6 scans in a short period. Radiation dose could then be lowered by using Tin Filter technology is exposure control v



COVID-19

Smart Thinking: Oxford, GE To Use AI Against COVID-19 Pneumonia; French Team Builds Database With GE Software

Key adoption challenges

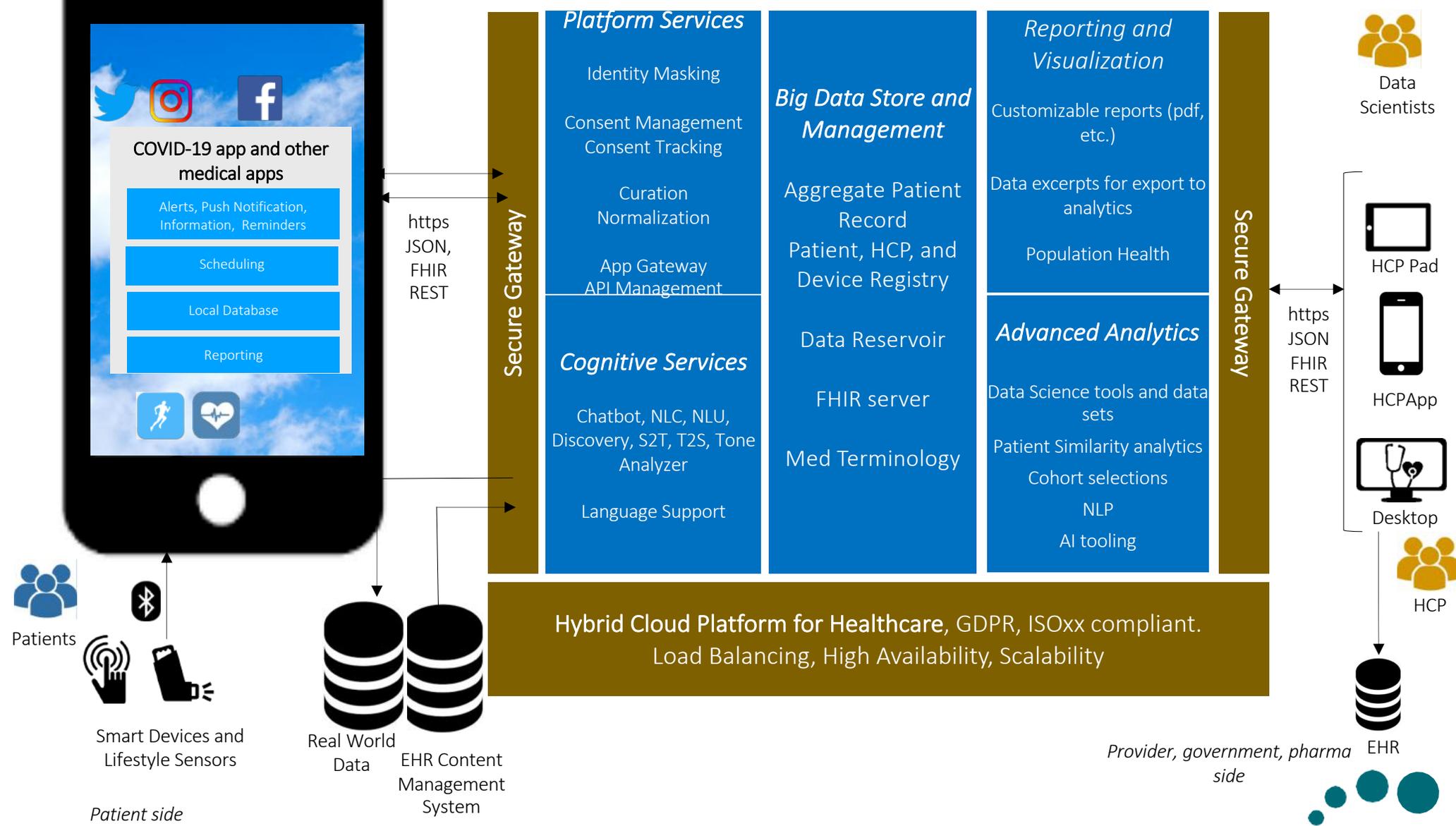
From *stand-alone* to *integrated* ecosystems and solutions



- **Regulatory**
 - Certification, legal implications, liabilities, quality labels, benchmarks, RCTs
 - Data protection, privacy & (cyber)security, ethics
- **Economic**
 - Reimbursement, purchase costs, financial frameworks
- **Structural**
 - Adoption, learning, medical significance, applying scientific methods for proof, education & training, establish trust, coordination
- **Technological**
 - Integration, interoperability, standards; data platforms, national and cross-border data access & exchange



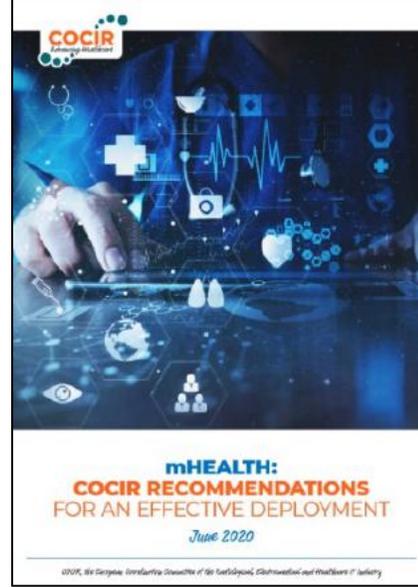
Data capturing, analysis and sharing platforms, an example



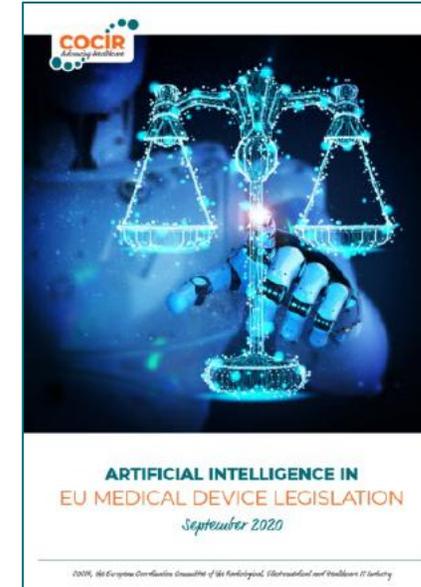
COCIR Thought Leadership: some publications



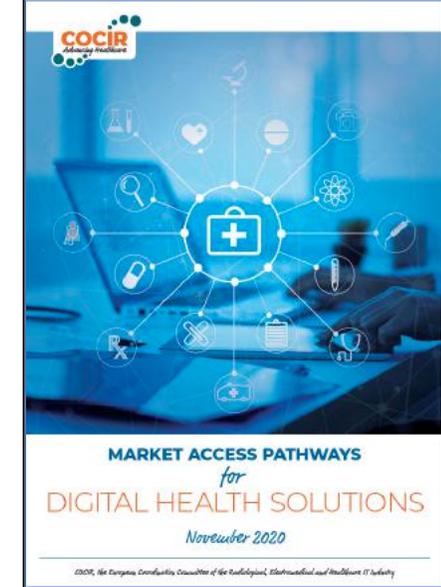
- Create a trusted data governance framework
- Invest in a pan EU infrastructure
- Encourage common data specifications
- Mobilise funds for education and skills
- Support a PPP



- Coordination at national and EU level
- Progress on cross border exchange (EEHRxF)
- Integrate specifications in public procurement
- Educate stakeholders
- Identify high-priority uses cases for deployment



- Existing legal frameworks cover already a lot
- Need to educate and build awareness
- Multi-stakeholder dialogue
- Trust is vital



- Perform a baseline measurement
- Facilitate discussions on the use of clinical evidence and information, exchange, and costs
- Establish data governance framework
- Promote reimbursement consistency
- Create procurement guidelines





A word cloud featuring the phrase "thank you" in various languages and colors. The central and largest text is "thank you" in red. Other prominent words include "gracias" in green, "danke" in blue, "merci" in orange, and "obrigado" in green. Smaller words include "dziękuję", "sukriya", "terima kasih", "grazie", "arigatō", "dank je", "ngiyabonga", "teşekkür ederim", "spasibo", "bedankt", "hvala", "mauruuru", "sagolun", "kop khun krap", "go raibh maith agat", "mochchakkeram", "takk", "dakujem", "merci", "ευχαριστώ", "tapadh leat", and "merci".

