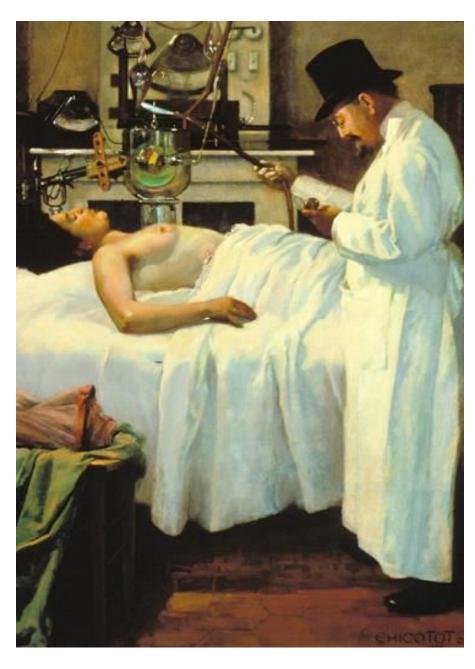
Latest news in breast cancer radiation oncology



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1. Evidence Based Evolution of the Breast Cancer Radiotherapy (RT)

* Efficacy: evidence based

Meta analyses: increased statistical power: one of the best databases in all oncology treatment with individual data for thousands of patients

* Possible toxicity

2. Techniques to reduce the toxicity

*Alternative techniques

*Complex techniques with

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respiratory control

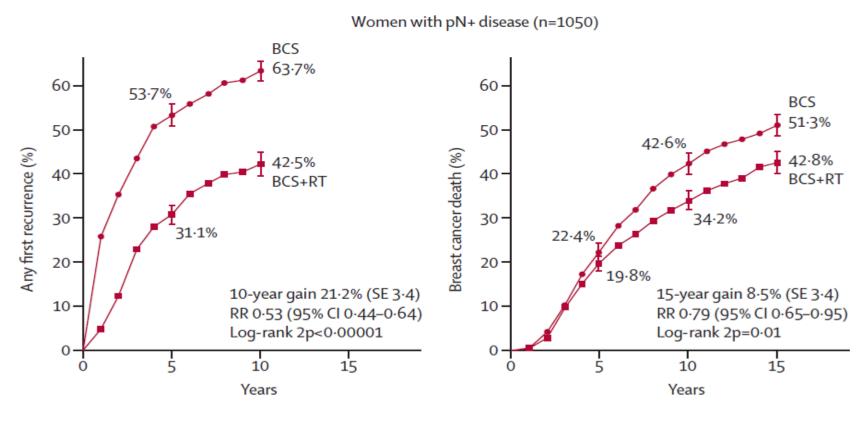
* Protons

3. Future of the Breast Cancer Radiotherapy

Effect of radiotherapy after breast-conserving surgery on 10-year recurrence and 15-year breast cancer death: meta-analysis of individual patient data for 10 801 women in 17 randomised trials

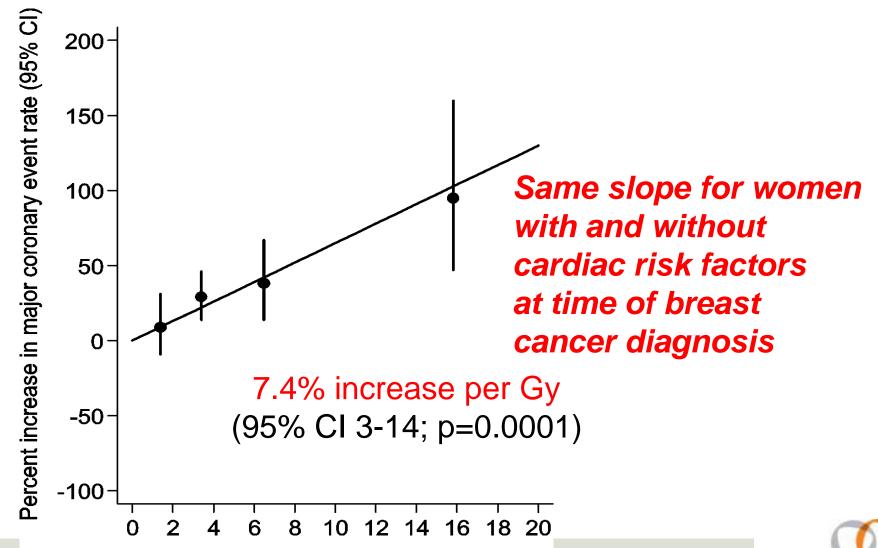
Early Breast Cancer Trialists' Collaborative Group (EBCTCG)*

Lancet 2011; 378: 1707-16





Radiation Associated Cardiac Events (RACE) Dose-response relationship for major coronary events



Mean heart dose (Gy)

NEJM 2013; 368:987-98

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Lateral Isocentrique RT: To avoid lung and heart irradiation



E. Bronsart et al./Radiotherapy and Oncology 124 (2017) 214-219

Table 2
Dosimetric results.

| Treatment regimen | Mean dose | | | |
|--------------------|--------------|---------------|-------------|---------------|
| | 28.5 Gy/5 fr | 41.6 Gy/13 fr | 40 Gy/15 fr | 50 Gy + 16 Gy |
| Right Breast | | | | |
| Ipsilateral lung | 0.53 | 1 | 1.71 | 1.04 |
| Contralateral lung | 0 | 0.003 | 0.01 | 0.05 |
| Heart | 0.25 | 0.37 | 0.31 | 0.52 |
| Left Breast | | | | |
| Ipsilateral lung | 0.45 | 0.94 | 1.55 | 2.43 |
| Contralateral lung | 0 | 0.05 | 0.12 | 0.13 |
| Heart | 0.5 | 0.9 | 0.92 | 1.53 |

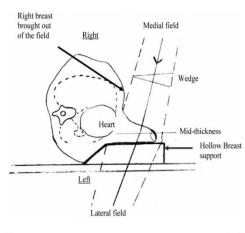


Figure 1. Schematic presentation of the isocentric lateral decubitus (ILD) technique for radiotherapy of the left breast.

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The British Journal of Radiology, October 2006

- Fourquet et al. Radiother Oncol, 1991
- Campana et al. Int J Radiation Oncology Biol Phys, 2005
- ▶ Bollet et al. Br J Radiol, 2006
- Kirova et al . Int J Radiation Oncology Biol Phys, 2008
- Capezzali et al, Gl J Br Can Res, 2013
- Kirova et al, Radiother Oncol, 2014
- Bronsart et al, Radiother Oncol 2017



Emergence of new techniques in breast cancer RT with or without respiratory control

IMRT 2D RT Simplified 3D RT **IMRT** with **VMAT** forward planning **IMRT** with **Tomotherapy Protons** inverse planning Increasing complexity

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Future of the Breast Cancer Radiotherapy

- To propose to every patient the best treatment adapted to molecular type and stage of disease as well as the patients anatomy
- > To avoid the long term toxicity and improve the quality of life
- > To understand the mechanisms of radiation induced complications and propose preventive procedures
- > To help to every patient to forget her disease



Thank you for your attention



